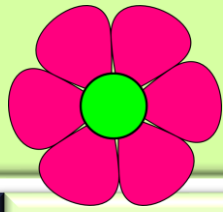


SarahCare® of Belden Village



May 2023 Newsletter

6199 Frank Ave NW
North Canton, Ohio 44720
330.244.2599

Our Center Staff

Program Director:
Robin Lawson

Activities Coordinator:
Amy Harlan

Nurse:
Janice Tanner, LPN

Administrative
Assistant:
Ciara Biehl

*Help us keep the kitchen
and our drivers running
smoothly. If you will be off
on a scheduled day, please
call us by 8:30. And don't
forget to schedule your
make-up day!*



Hello May!

“Open your eyes to the beauty of the world!”

As we are approaching the warmer weather, we will be having lots of fun outdoor festivities. Always keep an eye on our activity calendar to see what shenanigans are coming up!

SarahCare will be **CLOSED** Monday, May 27th in observance of Memorial Day

Loaded Calzones

Ingredients:

1/2 lb. Italian sausage – cooked and crumbled
1/2 cup mini pepperoni slices
2 cups marinara sauce
Chopped onions, peppers, and mushrooms, as desired
1 1/2 cups shredded mozzarella
1 can Pillsbury refrigerated classic pizza crust




Heat oven to 425 degrees. Spray cookie sheet with no-stick cooking spray.

Combine sausage, pepperoni, vegetables, and about half the marinara sauce in a bowl and set aside.

Unroll dough and cut into quarters. On cookie sheet, press or roll each dough portion into 7x5 inch rectangles. Spoon sausage mixture on one side of the dough and top with cheese. Fold dough over filling and press edges firmly with a fork to seal.

Bake 15-17 minutes or until golden brown. Heat remaining sauce and serve with warm calzones.

Daily Breakfast, Lunch and Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 29 French toast sticks Smothered chicken, rice, spinach & mushrooms, fruit salad, dessert <i>Cottage cheese with pineapple chunks</i>	30 Creamy oatmeal Baked potato boats, cornbread, berries, dessert <i>Mandarin orange sections, Cheez Its</i>	May 1 Pancakes Ham salad sandwich, coleslaw, banana, dessert <i>Milk and blueberry muffins</i>	2 English muffin Turkey and gravy, stuffing, carrots, mixed fruit, dessert <i>Mozzarella string cheese & Chex mix</i>	3 Cold cereal Pork chops, corn, scalloped potatoes, fruit salad, dessert <i>Applesauce and cornbread muffin</i>
6 Cinnamon raisin toast Cheeseburger, tater tots, fruit salad, dessert <i>Sliced hard boiled egg and crackers</i>	7 Pancakes Chicken tenders, cheesy rice, broccoli, berries, dessert <i>Yogurt and mini bagel</i>	8 Blueberry muffin Chef salad, breadstick, banana, dessert <i>Mini pretzels and milk</i>	9 Cold cereal Roast beef & gravy, buttered noodles, carrots, mixed fruit, dessert <i>½ PB&J sandwich</i>	10 Toasted English muffin Grilled cheese, tomato soup, fruit salad, dessert <i>Milk and fresh apple slices</i>
13 Banana muffin Sloppy joe, coleslaw, canned fruit, dessert <i>Peanut butter and crackers</i>	14 Toasted English muffin Chicken stir fry, fried rice, mixed fruit, dessert <i>String cheese and Chex mix</i>	15 French toast sticks Turkey and cheese wrap, potato salad, fresh fruit, dessert <i>Vanilla yogurt and diced peaches</i>	16 Cold cereal Chicken pot pie, buttermilk biscuit, mixed fruit, dessert <i>Applesauce and mini pretzels</i>	17 Pancakes Glazed ham, buttered noodles, mashed sweet potatoes, fruit salad, dessert <i>Peanut butter and banana</i>
20 Oatmeal Chicken rigatoni alfredo, broccoli, mixed fruit, dessert <i>Cinnamon raisin bread and applesauce</i>	21 Cold cereal Sausage sandwich w/peppers & onions, green beans, fruit salad, dessert <i>Cheese cubes and crackers</i>	22 Buttermilk biscuit Chicken salad sandwich, cucumber & tomato salad, berries, dessert <i>Peanut butter and apple slices</i>	23 Blueberry muffin Cheese omelet, biscuit & gravy, hash browns, mixed fruit, dessert <i>Yogurt and Goldfish crackers</i>	24 French toast sticks Ham & potato casserole, green beans, fruit salad, dessert <i>Cottage cheese and pineapple chunks</i>
 MEMORIAL DAY	28 Pancakes Chicken parmesan, brown rice, steamed cauliflower, fruit salad, dessert <i>Orange sections and goldfish crackers</i>	29 Blueberry muffin Ham & cheese sandwich, cucumber & tomato salad, banana, dessert <i>Cucumber slices & ranch dip, pretzels</i>	30 Cold cereal Beef stew over buttered noodles, dinner roll, fruit salad, dessert <i>Yogurt and canned fruit</i>	31 Toasted English muffin Scrambled egg, sausage patty, biscuit, hash browns, mixed fruit, dessert <i>Mini bagel and peanut butter</i>

Here's what we're doing every day in May

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Morning Social Move and Groove BINGO May Day Flower Craft Men's Club Social Mindful Meditation Reflexology Parachute Party	2 Talk it Out Get Fit Writing Club Brain Savers Card Club Ladies Meeting (Welcome Club) Build It <i>*BIG LOTS shopping*</i>	3 News and Views Move to Music Cards and Board Games BINGO Noodle Hockey <i>*Harry Canary sings*</i>
6 Morning Social Fit and Fab Craft with Me BINGO Men's Club (military memories) Planting	7 Tea and Talk Lift and Stretch Sensory Sensation Brain Savers Card Club Bead Creative Bowling for Bucks <i>*Red Robin for lunch*</i>	8 Conversations Senior Boot Camp BINGO Men's Club (HOF Village) What's the Word? Meditation Madness SarahCare Shopping	9 Chit Chat Move and Stretch Brain Savers Writing Club Card Club Word Search <i>*PJs Popcorn, and "Pinocchio"*</i>	10 What's Happening Movin' to Oldies Art Therapy BINGO Patio Trivia (weather permitting) Pictionary Memory Madness *Mother's Day Breakfast*
13 Coffee House Chat Armchair Yoga BINGO Men's Club Cottonball Grab Cheeseball Challenge What's in the News? <i>*Marc's shopping*</i>	14 Daily Chronicles Work Out Brain Savers Card Club Jewelry Making <i>*Jon King sings*</i>	15 Chit Chat Get Fit Sip n Paint BINGO Men's Club Mindful Meditation <i>*Spa Day*</i>	16 News and Views Tone it Up Feed the Birds Writing Club Card Club Team Trivia In the News Bonding With Closers *Milk n Honey for lunch*	17 Daily Views Move and Groove BINGO Quiet Creativity Spelling Bee Name 5 Flowers Afternoon Groove
20 Chit Chat Work it Out BINGO Men's Club Trivia Balloon Bop Colorful Creations SarahCare Spirit Week: SILLY SOCK DAY <i>*Ferraro's for lunch*</i>	21 Tea and Talk Creative Moves Brain Savers Card Club Bead Creative Sing Along Bocce Ball Tournament Patio Trivia *Backwards Day* <i>*Hairdresser*</i>	22 Conversations Silver Sneakers BINGO Men's Club Making Lists News Talk Tell me a Story Meditation/Relaxation <i>*Disney Pin Day*</i>	23 Coffee and Chat Lift and Stretch Writing Club Brain Savers Card Club Horse Wranglin" Cowboy Hat Contest <i>*Cowboy Day*</i>	24 Tea and Talk Dancercise *Party on the Patio Memorial Day Cookout* *Red White & Blue Day*
27 CLOSED Enjoy the Holiday!	28 Morning Social Get Fit Brain Savers Card Club Jewelry Making Patio Time	29 Daily Chronicles Work it Out BINGO Men's Club Mindful Meditation Reflexology Memories Cornhole	30 Coffee and Chat Movin' to Music Writing Club (Jackson Park) Brain Savers Card Club Patio Party Team Trivia	31 What's Happening Tone it Up BINGO Bowling Team Trivia Patio Time Pictionary

Find the zoo animals hidden in this word search puzzle

N C Q Y V I G R D W E O N N K
S I A U G U E E W S G X A O A
E K H U A D L Y L N X H T S N
J F A C P I U T I E I W U I G
T N F A R L L D U P P D G B A
A O N A N U W H P R I H N X R
T D T A R E L O M D E K A N O
A Z C A F I P L D N A Q R N O
K E K Z K O G Y I E I T O P T
R B X F T Z K R E Y T Y S Z M
E R Q A N T E L O P E T Y P W
E A M L W V G Z P E A C O C K
M U K C L Q H N A C U O T P G
S Q Z O H A T E E H C I Z Z S
L K W N M P N R M J L L A M A

- ANTELOPE
- BISON
- CHEETAH
- DINGO
- ELEPHANT
- FALCON
- GIRAFFE
- HIPPOPOTAMUS
- IGUANA
- KANGAROO
- LLAMA
- MEERKAT
- NAKED MOLE RAT
- ORANGUTAN
- PEACOCK
- QUAIL
- RED PANDA
- SPOTTED OWL
- TOUCAN
- URCHIN
- VULTURE
- WOLVERINE
- YAK
- ZEBRA



We have a lot of birthdays this month! Happiest of days to you all! May you enjoy all the cake and all the love shown to you this day and every day.

Carl, Kathryn, Annie, John K., Christine, Donna, Larry S., Gerry, Lorrette, Steve C., and Ethel!

Happy Birthday to you all!