

September 2022 Activity Calendar *SarahCare*[®]

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Daily Activities</u> 9:00-11:30 Brain & Movement Games 10:00 Morning Exercise 10:00-11:30 Table Games & Social Groups 10:30-11:30 Arts & Crafts 12:30-2:30 Sensory Programs 12:30- 2:30 Group Games</p>	<p><u>Daily Activities</u> 2:45 Bingo 2:45-3:30 Sing Along & Spiritual Eldercare 2:45-4:00 Sensory & Small Group Interest Programs 4:00 Evening Exercise 4:30 Music, Memories, & More 5:30 Current Events/News</p>	<p>*Activities Avg 30 Mins. & Are Subject To Change.</p> <p><u>Meal & Snack Times</u> Breakfast - 7:00-9:00 Lunch - 12:00 Snack - 2:30</p> 	<p>1 10:30 Happy Cat Craft 11:00 Rhyme & Reason Game 1:00 Healthy Aging Activity 1:30 Bear Necessities Search 2:00 Chess Tourney 2:30 Birthday Cake 3:30 Classical Music Trivia and Tunes</p>	<p>2 10:30 College Colors Craft 11:00 Hide the Coconut Game 1:00 Would You Rather? 1:30 Food Bank Shuffle 2:30 Blueberry Popsicles 2:45 Musical Chair Yoga 3:30 Baseball Trivia</p>
<p>5 SarahCare is Closed for Labor Day </p>	<p>6 10:30 Conservation Craft 11:00 Egg Toss Game 2:00 Catholic Rosary 2:30 Coffee Ice Cream 3:30 Telephone Tuesday</p>	<p>7 <u>Wear Silly Socks Day</u> 10:30 Grandma Moses Craft 11:00 Squash Game 1:30 Feel the Love Make & Take 2:00 Salami Search 3:30 Clean Air Trivia</p>	<p>8 10:30 "Are You Okay" Craft 11:00 Pardon Me Boy... 1:30 This & That Game 2:00 Silliest School Pictures 3:30 Star Trek Trivia</p>	<p>9 10:30 Care Bear Craft 11:00 When Pigs Fly Game 1:30 Teddy Bear Day 2:00 Wonderful Weirdos Search 3:30 Name That Tune</p>
<p>12 10:30 Patriot Craft 11:00 Wii Games 1:30 Encouragement Activity 2:30 Chocolate Milkshakes 3:30 Drum Circle</p>	<p>13 10:30 Positive Thinking Craft 11:00 Peanut Trivia 1:30 Kids in the Kitchen Game 2:00 Catholic Rosary 3:30 Uncle Sam Sing Along</p>	<p>14 <u>Wear Your Favorite Color</u> 10:30 Creative Coloring Craft 11:00 Food as Medicine Trivia 1:30 Gobstopper Grab 2:00 Dizzy Donut Game 3:30 Name That Tune</p>	<p>15 10:30 Polka Dot Craft 11:00 Build a Cheeseburger Game 1:30 Make a Hat 3:30 Bowling</p>	<p>16 10:30 Play-Doh Craft 11:00 Ozone Game 1:30 Rock Collection Inspection 2:30 Cinnamon Raisin Bread 3:30 Balloon Volleyball</p>
<p>19 10:30 Sea Otter Craft 11:00 Pirate Game 1:30 Hand Massages 2:30 Butterscotch Pudding 3:30 Comedy Sketches</p>	<p>20 10:30 Morning Bingo 2:00 Don & Friends Entertainment 2:00 Catholic Rosary 3:00 Punching for Punch</p>	<p>21 <u>Wear Purple for Alzheimer's</u> 10:30 Gratitude Craft 11:00 Ultimate Trivia 1:30 Peace Yoga 2:30 Pecan Cookies 3:30 Putt Putt Golfing</p>	<p>22 10:30 Rhino Craft 11:00 Cheese Stands Alone 1:30 Elephant Match-up 2:30 Ice Cream Cones 3:30 What's in 100 Game</p>	<p>23 10:30 Seed Craft 11:00 Checkers Tournament 1:30 Bake Me a Cake 2:00 Fall Ball Game 3:30 Native American Trivia</p>
<p>26 10:30 Alpaca Craft 11:00 Whale Watching 1:30 Love Notes 2:30 Mini Pancakes 3:30 Family Fortune</p>	<p>27 10:30 Scarf Craft 11:00 Crush the Can Game 1:30 Smell the Roses 2:30 Cookies & Chocolate Milk 3:30 Tour the Country</p>	<p>28 <u>North Carolina Day</u> 10:30 NC Craft 11:00 NC Sports Game 1:30 Find the NC 2:30 Strawberries & Cream 3:30 NC Trivia</p>	<p>29 10:30 Heart Craft 11:00 Hoping Heart Game 1:30 Confucius Quotes 2:30 Biscotti 3:30 Maritime Trivia</p>	<p>30 10:30 Koala Craft 11:00 Translate This 1:30 Mud Packs 2:00 Pet Tricks 3:30 Drum Circle</p>