

**CAREGIVER
SUPPORT
GROUP**

Alzheimer's Association

West Chester Area Senior Center

530 East Union Street, West Chester, PA



Don't try to go it alone. Being a caregiver for someone living with dementia, is too much for one person.

No matter your situation, emotional support is crucial to YOUR wellbeing.

Please join us and others in your same situation for supportive conversation, sharing of ideas, and new information to help you through this difficult journey.



**Wednesday
February 6, March 6, & April 3
from 1-2pm**

Questions? Please contact:

Sylvia Toscano

610-251-0801

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Meeting is for caregivers only.