



“At SarahCare®, we believe that life in the senior years is to be enjoyed, not endured”

At SarahCare® Adult Day Care Centers, seniors are safe, healthy, and happy during the day.

We provide the structure and services seniors need to remain active, independent, and live life to its fullest:

- A trained, professional staff to care for those with physical impairments
- Personal care such as bathing, beauty shop services, and podiatry services.
- A safe, reassuring environment for the memory impaired such as dementia and those with conditions such as Parkinson’s disease and stroke.
- Respectful help for seniors with incontinence problems

SarahCare®

Adult Day Care Centers

*Free
Trial Day*

SarahCare® of Hampstead

201 Route 111
Hampstead, New Hampshire 03841

Phone: 603-329-4401

www.sarahcare.com/hampstead

Hours: Monday-Friday 7:00 a.m.-6:00 p.m.

*Current Medical and Emergency Information Required
Must have at least one days notice. Call to schedule.*

© 2011 SARAH CARE