





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2. Lei Day</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Wheel of Fortune</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – <b>BINGO</b> 4:00 – Daily Reflection</p> 	<p><b>3.</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p>	<p><b>4. National Hug Day</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>What would you Do?</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Trivia 4:00 – Daily Reflection</p>	<p><b>5. Cinco de Mayo</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 11:30 – <b>Sittercise</b> 12:00 Lunch 1:00 – Relax w/ Music 2:00 – <b>Thursday at the Movies w/ Popcorn!</b></p>  	<p><b>6. International Jazz Day</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>You Tube Time</b> 12:00 – <b>Luncheon Special!</b> 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 2:30 – Special Dessert 3:00 – <b>BINGO</b> 4:00 – Weekend Plans?</p> 
<p><b>9. National Nurses' Week</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Wheel of Fortune</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – <b>BINGO</b> 4:00 – Daily Reflection</p>	<p><b>10.</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p>	<p><b>11. National Pet</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Guess the Year</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – <b>Holiday Tradition</b> 4:00 – Daily Reflection</p>	<p><b>12.</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 11:30 – <b>Sittercise</b> 12:00 Lunch 1:00 – Relax w/ Music 2:00 – <b>Thursday at the Movies w/ Popcorn!</b></p> 	<p><b>13. Great American Grump Out</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Scrambled words</b> 12:00 – <b>Luncheon Special!</b> 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 2:30 – Special Dessert 3:00 – <b>BINGO</b> 4:00 – Weekend Plans?</p>
<p><b>16. National Police Week</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Wheel of Fortune</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – <b>BINGO</b> 4:00 – Daily Reflection</p> 	<p><b>17.</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p>	<p><b>18. 137<sup>th</sup> Kentucky Derby</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>What would you Do?</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p> 	<p><b>19. Premier Gone with the Wind</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 11:30 – <b>Sittercise</b> 12:00 Lunch 1:00 – Relax w/ Music 2:00 – <b>Thursday at the Movies w/ Popcorn!</b></p> 	<p><b>20. Wear Purple for Peace</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>What Year is it?</b> 12:00 – <b>Luncheon Special!</b> 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 2:30 – Special Dessert 3:00 – <b>BINGO</b> 4:00 – Weekend Plans?</p>
<p><b>23. Blue Jeans Birthday</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Guess the year</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – <b>BINGO</b> 4:00 – Daily Reflection</p> 	<p><b>24. Armed Forces Day</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p>	<p><b>25. Pack Rat Day</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Dumb Laws</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p> 	<p><b>26.</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 11:30 – <b>Sittercise</b> 12:00 Lunch 1:00 – Relax w/ Music 2:00 – <b>Thursday at the Movies w/ Popcorn!</b></p> 	<p><b>27. Strawberry Day</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 11:00 – <b>Scrambled words</b> 12:00 – <b>Luncheon Special!</b> 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 2:30 – Special Dessert 3:00 – <b>BINGO</b> 4:00 – Weekend Plans?</p> 
<p><b>30. Memorial Day SarahCare Closed</b></p>	<p><b>31.</b> 7:00-9:30 – Breakfast 10:00 – News &amp; Views 10:30 – <b>Arts &amp; Crafts</b> 12:00 – Lunch 1:00 – Relax w/ Music 2:00 – <b>SITTERCISE</b> 3:00 – Arts &amp; Crafts 4:00 – Daily Reflection</p>	<p>Important Dates: Mother's Day May 8<sup>th</sup></p> 	<p><b>May Birthday's Bob - 9th</b></p>	

**\*\*ALZ Caregiver Support group is the 1<sup>st</sup> Thursday of each month 10-11am.**

\*Daily activities are subject to change to accommodate Participants.  
Sarahcare- 754 Riverside Drive, Coral Springs, Fl 33071